

Hong Kong Adventure Corps

Camp Standing Orders

General

1. The High Island Training Camp is situated in the heart of Sai Kung Country Park adjacent to the reservoir, a magnificent location for outdoor adventurous pursuits.

Accommodation

2. The camp itself has accommodation for up to 230 trainees and Instructors in barracks and smaller rooms as well as classrooms, a canteen, ablutions, parade square, obstacle course and climbing and abseiling wall.

3. Any form of unauthorised activities in the barracks and lines should be forbidden.

4. All trainees are responsible for the prevention of loss or damage to any HKAC property.

5. The camp will at all times be kept clean, neat and tidy.

6. In the interests of maintaining proper decorum at all times, male and female recruits, cadets, and instructors are not allowed into barracks and ablutions of the opposite sex unless accompanied on official business.

Medical Facilities

7. A medical room is co-located with the clothing store with basic medical supplies and equipment. This will be manned by a qualified Medical Orderly when there is training. All sensible precautions will be taken to provide the camp with a healthy environment.

Drinking Water

8. The water supply points for hot water and specifically for drinking in the camp are considered safe.

Food

9. Cooking must be done in the kitchen and eating or drinking are not permitted anywhere in the camp except in the canteen or the Mess unless approved by the person in charge of the camp.

Health

10. This can be achieved by individuals looking after their personal health and hygiene with supervision by the instructors.

11. No spitting is allowed in the barracks or lines as this spreads germs.

Bullying

12. It is the responsibility of the Instructors and supervisors to protect individuals from both physical and mental intimidation and to report any instances of bullying promptly.

Lights Out

13. The lights out time will vary according to the camp users' training schedules and must be observed.

Guard Room

14. The guardroom will be manned by the guards provided by the major training group occupying the camp.

15. The guards should be mounted at the end of the training day and they are to be responsible for monitoring the camp, its perimeter, property, activities in all areas of the camp, as well as pedestrian and vehicle traffic at the main gate.

16. HKAC maintains an armoury of de-activated but nonetheless sensitive assault weapons. These are secured behind the guardroom and are to be issued only in strict accordance with NSP procedure and in the presence of qualified and authorized instructors.

17. The Guard Commander is to ensure that all flood lights are switched off after training activities has been ceased.

Gambling

21. Gambling activities are strictly prohibited.

Vandalism

22. No posters should be displayed, without prior approval permanent staff and no hammering or vandalism on walls, doors and pillars is allowed.

Accident

23. All accidents or incidents of loss or damage occurring during training are to be reported immediately to the supervisor.

Power Supplies

24. All lights and air-conditioners must be switched off when leaving the accommodation blocks, canteen or classrooms.

Smoking

25. Smoking, setting up fire, lighting candles or any inflammable substances within the camp is strictly prohibited.

Typhoon and Black Storm Warning

26. The camp is to be closed and all activities are to be cancelled on hoisting of the typhoon signal No.3 or the Black Rain Storm Warning Signal.

Training Facilities

27. Archery activities must be conducted under the supervision of a qualified instructor.

28. Shooting is to be conducted only by a qualified instructor in compliance with safety rules.

29. Abseiling and Climbing is to be conducted only by a qualified instructor and no one is to try to climb the wall without using the appropriate safety measure and the presence of an instructor.

30. On the Obstacle Course, no one is allowed to try any of the obstacles without the presence of a qualified instructor.

Insurance Coverage

31. All trainees participating in the activities are fully covered by insurance from any accident occurred during the course of training activities taken place.

Perimeter Fence

32. The camp has a perimeter fence with only one main access to the camp from the outside. An electric operating barrier is co-located at the main gate which is controlled from the main Office. The main gate is closed at 8 p.m. but only locked after the training has been concluded.

33. No unauthorized visitors and vehicles are permitted to enter the main gate without obtaining permission from the camp staff on duty.

Other

34. All recruits and cadets are the responsibility of the HKAC for the time of their training; therefore, none may leave the grounds of the HITC or the field deployment areas during their training course without the explicit and specific permission of the OC or Senior Officer in-charge of the training.

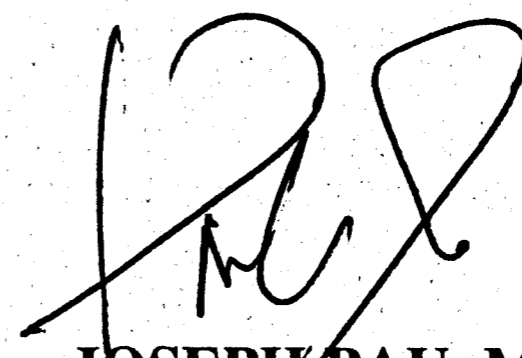
35. No outside weapons of any kind may be brought onto HKAC property or used in any Field deployments.

36. The camp is equipped with a state-of-the-art firefighting and detection system activated at all times. All personnel should familiarize themselves with emergency procedures. Should serious and life-threatening medical conditions occur, seek help from the Sai Kung medical emergency department by dialing 999.

37. Discipline is a prerequisite for safety; thus all cadets and recruits must follow standing orders and the specific instructions of the officers and training instructors.

38. Fighting is disruptive and can lead to serious injury and is thus strictly forbidden at HITC and in any phase of field maneuvers.

b April, 2005



JOSEPH PAU, MBE, ED
Colonel
Commandant