

S Sqn. Weekend Training Programme for (23th-24th December 2017)

WET 2017122324D2

Date	Ser	Timing	Recruit Level	O i/c	Location	Cadets (Lv.1)	O i/c	Location	Cad(Lv2)& NCOs	O i/c	Location	
23/12	1	13:30	Depart Tin Hau MTR Exit "A2"								Lt. Suen	Tin Hau MTR
	2	13:45	Depart Kowloon Tong MTR Exit "D2"								SSM	Kln Tong MTR
	3	14:30	Arrive HITC								SSM	Parade Ground
	4	15:00	Instructors O Group								OC	Briefing Room
	5	15:30	Troop Briefing								Tp Ldr	By Tp Ldr
	6	16:00	Roll Call and Muster Parade								OC/SSM	Parade Ground
	7	16:30	FD: Inclining, side Pace and saluting at the Halt	Cad Sgt/Cpl	Parade Gd	Arms Drill/Silent Drill-M16					Sgt Tang	Parade Ground
	8	18:30	Dinner (Duty Troop: No 1 Troop)								SQMO	Canteen
	9	19:30	Introduction on Ropes and Knots	Lt W Lam	HITC	Flag Raising					Capt Li	HITC
	10	21:00	X'Mas Gathering - Telant show								SQMO	HITC
	11	22:30	Light Out & Sentry								SSM	HITC
24/12	12	05:55	Reveille								All	HITC
	13	06:00	Push up + Sit up (15 times), Shuttle Run (half parade ground 4 times)								PI	Parade Ground
	14	07:00	Cleaning and in Full Uniform								Cadet's NCO	Barrack
	15	07:30	Room Inspection								OC/SSM	Barrack
	16	08:00	Breakfast (Duty Troop: No 2 Troop)								SQMO	Canteen
	17	09:00	Muster Parade								OC/SSM	Parade Ground
	18	09:30	FD: Marching and in Quick Time, wheeling, Eyes Right & Eyes Left	Lt Lai	Parade Gd	Signals: Radio Network Structure, call sign Structure Use of Proword					2 Lt Owen	Briefing Room
	19	11:00	Duties and Responsibilities of the Cadet NCOs & Promotion Criteria								Capt Ng	Briefing Room
	20	12:30	Lunch (Duty Troop: No 3 Troop)								SQMO	Canteen
	21	13:30	Signals-Radio Equipment & Phonetic Alphabets	Lt Suen	Classroom	Field Craft: Judging Distance, Target Indication, Patrolling					Lt Lai	Field
	22	15:00	Admin and Look forward								AO	AO
	23	15:45	Pack up and Cleaning								Instructor	HITC
	24	16:30	Dismiss and EmBus								Instructor	Parade Ground
		25	17:30	Return to Kowloon Tong & Tin Hau MTR								Instructor

Dress Code: Rec: Sqn Tee, Sport Trousers, Sport shoes & Jungle Hat. Recruit members issued with uniform will observe the cad dress code shown below.
 Cad: DPM Shirt, OG Trousers, Belt Nylon, Boots, Beret & Jungle Hat. PT Kits and Sqn T-shirt
 Inst: Full Uniform DPM & Jungle Hat. PT Kits and Sqn T-shirt

Remarks: Rec/Cdt (1) Should pay HK\$140.- for Transportation Fee and Meals
 (2) Should bring mess tin, fork, knife, spoon, water bottle with pouch, spare clothes and socks
 (3) Should bring Rain Clothes
 (4) Should bring Pen and pocket-size Note Book
 (5) Should bring Shoes Polishing Kit

Prepared by: 2Lt Owen/TO