

Date	Ser	Timing	Recruit Level	O i/c	Location	Cadets (Lv.1)	O i/c	Location	Cad(Lv2)& NCOs	O i/c	Location
20/1	1	13:30	Depart Tin Hau MTR Exit "A2"							Lt. Suen	Tin Hau MTR
	2	13:45	Depart Kowloon Tong MTR Exit "D2"							SSM	Kln Tong MTR
	3	14:30	Arrive HITC							SSM	Parade Ground
	4	15:00	Instructors O Group							OC	Briefing Room
	5	15:30	Troop Briefing							Tp Ldr	By Tp Ldr
	6	16:00	Roll Call and Muster Parade							OC/SSM	Parade Ground
	7	16:30	High Event	Lt W Lam	HITC	Arms Drill/Silent Drill-M16			Sgt Ng	Parade Ground	
	8	18:30	Dinner (Duty Troop: No 1 Troop)							SQMO	Canteen
	9	19:30	FD: Inclining, side Pace and saluting at the Halt	DI	Parade Gd	Duties and Responsibilities of the Cadet NCOs & Promotion Criteria			Capt Ng	Classroom	
	10	20:30	Flag Raising							Capt Li	HITC
	11	22:00	Light Out & Sentry							SSM	HITC
21/1	12	05:55	Reveille							All	HITC
	13	06:45	Push up + Sit up (20 times), Run 2 km							PI	Parade Ground
	14	07:00	Self Cleaning and in Full Uniform							SSM	Barrack
	15	07:30	Room Inspection							OC/SSM	Barrack
	16	08:00	Breakfast (Duty Troop: No 2 Troop)							SQMO	Canteen
	17	09:00	Muster Parade							OC/SSM	Parade Ground
	18	09:30	FD: Mark time,Eyes Right/Left, Form two/three ranks	Sgt Tang	Parade Gd	Lion Dance - Practice			Cpl Man	Parade Ground	
	19	11:30	Signals: Simple Calling and Answering	Lt Suen	Classroom						
	20	12:30	Lunch (Duty Troop: No 3 Troop)							SQMO	Canteen
	21	13:30	Command Task	Sgt Ng	HITC	Lion Dance - Practice Con't			Cpl Man	Parade Ground	
	22	15:00	Troop Admin and Look forward							Tp Ldr	By Tp Ldr
	23	15:45	Pack up and Cleaning							SSM	HITC
	24	16:30	Dismiss and EmBus							SSM	Parade Ground
		25	17:30	Return to Kowloon Tong & Tin Hau MTR							Instructor

Dress Code: Rec: Sqn Tee, Sport Trousers, Sport shoes & Jungle Hat. (Recruit members issued with uniform will observe the cad dress code shown below).
Cad: DPM Shirt, OG Trousers, Belt Nylon, Boots, Beret & Jungle Hat. PT Kits and Sqn T-shirt
Inst: Full Uniform DPM. PT Kits and Sqn T-shirt

Remarks: Rec/Cdt (1) Should pay HK\$140.- for Transportation Fee and Meals
(2) Should bring mess tin, fork, knife, spoon, water bottle with pouch, spare clothes and socks
(3) Should bring Rain Clothes
(4) Should bring Pen and pocket-size Note Book
(5) Should bring Shoes Polishing Kit
(6) For cold wheather, bring Ac's Pull Over/DPM Jacket or school Jacket