

S Sqn. Weekend Training Programme for (7-8 April 2018)

WET 2018040708D2

| Date | Ser | Timing | Recruit Level | O i/c | Location | Cadets (Lv.1) | O i/c | Location | Cad(Lv2)& NCOs | O i/c | Location | |
|------|-----|--------|--|------------|-----------|---|-------|----------|----------------|---------------|---------------|---------------|
| 7/4 | 1 | 13:30 | Depart Tin Hau MTR Exit "A2" | | | | | | | | Lt. Suen | Tin Hau MTR |
| | 2 | 13:45 | Depart Kowloon Tong MTR Exit "D2" | | | | | | | | SSM | Kln Tong MTR |
| | 3 | 14:45 | Arrive HITC | | | | | | | | SSM | Parade Ground |
| | 4 | 15:00 | Instructors O Group | | | | | | | | OC | Briefing Room |
| | 5 | 15:30 | Troop Admin | | | | | | | | Tp Ldr | By Tp Ldr |
| | 6 | 16:00 | Roll Call and Muster Parade | | | | | | | | OC/SSM | Parade Ground |
| | 7 | 16:30 | ACAP Practice | O Cdt Tang | Parade Gd | Select and Form Foot Drill Team for APDC & ACAP | | | SSM | Parade Ground | | |
| | 8 | 18:30 | Change to Sqn-Tee & Set up for BBQ Gathering | | | | | | | | SQMO | Parade Ground |
| | 9 | 19:15 | BBQ Gathering Start | | | | | | | | All | Parade Ground |
| | 10 | 21:30 | BBQ area clear away | | | | | | | | Cadet NCO | Parade Ground |
| 8/4 | 11 | 22:30 | Light Out | | | | | | | | SSM | HITC |
| | 12 | 05:55 | Reveille | | | | | | | | All | HITC |
| | 13 | 06:00 | Run 3 Km | | | | | | | | PI | Parade Ground |
| | 14 | 06:45 | Cleaning & in Full uniform | | | | | | | | Cadet NCO | Barrack |
| | 15 | 07:30 | Room Inspection | | | | | | | | OC/SSM | Barrack |
| | 16 | 08:00 | Breakfast (Duty Troop: No 3 Troop) | | | | | | | | SQMO | Canteen |
| | 17 | 09:00 | Muster Parade | | | | | | | | OC/SSM | Parade Ground |
| | 18 | 09:30 | ACAP Practice - Recruit and Cadet Squads | | | | | | | | TO | Parade Ground |
| | 19 | 12:30 | Lunch (Duty Troop: No 1 Troop) | | | | | | | | SQMO | Canteen |
| | 20 | 13:30 | Rowing Boat | 21C | HITC | Rowing Boat | 21C | HITC | APDC Practice | SSM | Parade Ground | |
| | 21 | 14:45 | Service Learning and Look Forward | 2nd Capt | Classroom | | | | | | SSM | Parade Ground |
| | 22 | 15:30 | Troop Breifing | | | | | | | | Tp Ldr | By Tp Ldr |
| | 23 | 16:00 | Pack up and cleaning | | | | | | | | SSM | HITC |
| | 24 | 16:30 | Dismiss and EmBus | | | | | | | | OC/SSM | Parade Ground |
| | 25 | 17:30 | Return to Kowloon Tong & Tin Hau MTR | | | | | | | | SSM | HITC |

Dress Code: Rec/Cdt: DPM Shirt, OG Trousers, Belt Nylon, Boots, Beret & Jungle Hat. PT Kits and Sqn Tee
 Inst: Barrack Dress or
 General Duty Dress - Khaki Shirt and OG Trousers, Stable Belt, Boots, Beret.
 Dress Code for ACAP 2018 Squad Commander: Barrack Dress/Barrack Cap and bring with Sand Browne Belt.
 PT Kits and Sqn Tee
 All May change to Sqn-Tee during BBQ Gathering

Subjects

APDC: Annual Parade Drill Competition
 ACAP: AC Annual Parade

Remarks: Rec/Cdt (1) Should pay HK\$165.- for Transportation Fee and 3 Meals (including: One set of BBQ Food and Drinks)
 (2) Should bring mess tin, fork, knife, spoon, Small water bottle, spare clothes and socks
 (3) Should bring HKAC's Pullover/Combat or School's Sport Jacket, Rain Cloth.
 (4) Pen and small size note book
 (5) Shoes Polish Kit

Prepared by: Lt Owen/TO