

HONG KONG ADVENTURE CORPS

S Sqn. Weekend Training programme on (26-27, January, 2019)

Date	Ser	Timing	Recruit Level	O i/c	Location	Cdt (LV. 2) & NCO's	Oi/c	Location	
26-Jan-19	1	13:30			Depart Tin Hau MTR "A2" Exit		SSM	Tin Hau MTR	
	2	13:45			Depart KIn Tong MTR "D2" Exit		SQMS	KIn Tong MTR	
	3	15:00			Arrive HITC		SSM	Parade Ground	
	4	15:05			Instructors O Group		OC	Briefing Room	
	5	15:30			Troop Briefing		Tp Leaders	Parade Ground	
	6	15:50			Roll Call and Muster Parade		SSM	Parade Ground	
	7	16:15	Foot Drill (1) <i>Revision, Forming Two & Three Ranks</i>	D.I.	Parade Ground	Senior Cadet Development		Tp Leaders / SSM	Classroom
	8	18:00			Dinner (Duty Troop : No. 1 Troop)		SQMS	Canteen	
	9	19:00	Land Navigation <i>指南針介紹及運用、正置地圖、位置確定、前進方向</i>	Lt. SIN	Classroom	MOIT		O /Cdt LAU	Classroom
	10	20:15			Lion Dance-1		SSgt NG	Parade Ground	
	11	22:30			Light Out & Sentry		All	HITC	
27-Jan-19	12	05:55			Reveille		All	Barrack	
	13	06:30			Physical Training (PT)		PTI	JCHITC	
	14	0730			Room Inspection		OC	Barrack	
	15	0815			Breakfast (Duty Troop : No. 2&3 Troop)		SQMS	Canteen	
	16	0900			Muster Parade		SSM	Parade Ground	
	17	0930	Foot Drill (2) <i>March Pass with Eyes / Saluting to the Right / Front in Quick Time</i>	D.I. & Sr. Cdt.	Parade Ground	Silence Drill		D.I.	Parade Ground
	18	10:45	First Aid <i>(極端溫度)、蟲蜇(蚊叮蟲咬)的處理, 簡單包紮法</i>	Sgt. LO	Classroom				
	19	12:00			Lunch (Duty Troop : No. 1Troop)		SQMS	Canteen	
	20	13:30			Lion Dance-2		SSgt NG	Parade Ground	
	21	15:00			Troop Admin.		Tp Leaders	Classroom	
	22	15:30			Pack up and Cleaning		SQMS	HITC	
	23	16:00			Dismiss and EmBus		SSM	Parade Ground	
	24	16:30			Return to KIn Tong MTR & Tin Hau MTR		SQMS	HITC	

Dress: Rec./Cdt.: Full DPM Uniform, PT Kits and Sqn T Shirt
Instr: Full DPM Uniform, PT Kits and Sqn T Shirt

Remarks: Rec./Cdt.: (1)Recruits are needed to pay for membership, uniform and equipment
(2) Should pay (\$140.-) for Transportation Fee and Meals
(3) Should bring hygiene kits, mess tin, fork, knife, spoon, water bottle

(4) Cadet Handbook, pen and note book.
(5) Shoes polish kits, spare clothes and socks.
(6) Personal medicine, sleeping bag, rain coat if necessary

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