

HONG KONG ADVENTURE CORPS

S Sqn. Weekend Training programme on (4-5 August, 2018)

Date	Ser	Timing	Cdt (L.V.1)	O i/c	Location	Cdt (L.V.2) & NCO's	Oi/c	Location	
8/4/2018	1	13:30					Lt. SUEN	Tin Hau MTR	
	2	13:45					SQMO	Kln Tong MTR	
	3	15:00					SSM	Parade Ground	
	4	15:05					OC	Briefing Room	
	5	15:30					Tp Ldr	Parade Ground	
	6	15:50					SSM	Parade Ground	
	7	16:15		Basic Drill Practice (1)	D.I.	Parade Ground	Senior Cdt Development	Tp Ldr	HITC
	8	18:00						SQMO	Canteen
	9	19:00						Capt. OWEN	Classroom
	10	2200						SSM	HITC
	11	22:30						All	HITC
8/5/2018	12	05:55					All	Barrack	
	13	06:00					PTI	HITC	
	14	0730		Physical Training (PT): <i>Shuttle Run (Half Parade Ground 10 times)</i>				OC	Barrack
	15	0745					SSM	HITC	
	16	0815					SQMO	Canteen	
	17	0900					SSM	Parade Ground	
	18	0930		Basic Drill Practice (2)	D.I.	Parade Ground	Assist in Basic Drill (2)	D.I.	Parade Ground
	19	11:15		Map Reading: <i>3S & 4D, Silver 123</i>	Lt. WONG	HITC	Arm Drill	D.I.	Parade Ground
	20	12:15						SQMS	Canteen
	21	13:30						Lt. LAM	HITC
	22	15:00						Tp Ldr	Classroom
	23	15:30						SQMO	HITC
	24	16:00						SSM	Parade Ground
	25	16:30						SQMO	HITC

Dress: Rec./Cdt.: Full U-DPM Shirt&OG Trousers, Belt, Boots, Beret and Jungle Hat, PT Kits and Sqn Tee
 Instr: Full U-DPM Shirt&Trousers, Belt, Boots, Beret and Jungle Hat, PT Kits and Sqn Tee

Remarks: Rec./Cdt.: (1) Should pay (\$140.-) for Transportation Fee and Meals
 (2) Should bring mess tin, fork, knife, spoon, water bottle, spare clothes and socks
 (3) Rain Cloth if necessary
 (4) Pen and small size note book.
 (5) Shoes Polish Kit.