|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| To | : | PO(Training) | ( | po.trg@hkac.org ; | ) |
| c.c. | CHQ | ( | achq@hkac.org ; | ) |
|  |  |  | ( |  | ) |
|  |  |  |  |  |  |
| From | : |  | Squadron/Unit |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Course** | **Dates** | **Course Code** | **Class Size** | **Deadline** |
| Basic Fitness Test  | 19th February, 2022 (Saturday) | BFT 2022-01 | 20 | 1700 hours,10th February, 2022 |
| 13th March, 2022 (Sunday) | BFT 2022-02 | 20 | 1700 hours,3rd March, 2022 |

I hereby nominate the following members of my Squadron/Unit to attend the subject test:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Ser** | **Corps no.** | **Rank** | **Name** | **中文姓名** | **Contacttel. no.** | **E-mail address** |
| BFT 2022-01 (Saturday) |
| 1 |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |
| BFT 2022-02 (Sunday) |
| 1 |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |

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| Recommend by | : |  | Date | : |  |
|  |  | ( Signature ) |  |  |  |
|  |  |  |  |  |  |
|  |  | ( Rank and Name ) |  |  |  |

Remarks :

1. Please complete the Form and return to Project Officer (Training) ( po.trg@hkac.org ) and CHQ ( achq@hkac.org ) on / before **17:00,** **10th February, 2022** (BFT 2022-01) or **1700, 3rd March, 2022** (BFT 2022-02).