

## Challenge Course (High Event) Associate Instructor Course CCHE 2023-01

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|--------------------------|---|
| 1. Course Title & number | Challenge Course (High Event) Associate Instructor Course CCHE 2023-01  |
| 2. Aim :                 | 1. Nurture Assistant and Technical Certificate Holders of Challenge Course (High Event) as Associate Instructor to help run and operate Challenge Course(High Event) in High Island Training Camp.  |
| 3. Date :                | 18-19 February 2023 (Saturday & Sunday) and<br>4-5 March 2023 (Saturday & Sunday)   |
| 4. Time :                | 0930(Sat)-1630(Sun) <b>Need to stay overnight at HITC</b>   |
| 5. Venue :               | High Island Training Camp   |
| 6. Target :              | 1. Assistant and Holder of Challenge Course (High Event) Technical Certificate (Appendix I) ; or<br>2. Holder of Challenge Course (High Event) Technical Certificate issued by Challenge Course Association of Hong Kong, China   |
| 7. Course Fee :          | 1. HK\$400 per person (included mail, transport, course handbook and admin fee. Non-refundable), not including certificate fee of CCAHKC.   |
| 8. Nomination Deadline : | 13 February 2023 (Monday) noon  |
| 9. Enrolment :           | Email nomination form to Secretary, Adventure Training Committee at mrwylam@netvigator.com, copy to PO(Trg), po.trg@hkac.org and achq@hkac.org for coordination ° (Appendix II)   |
| 10. Assembly :           | 1. 18.2.2023 (Sat) and 4.3.2023 (Sat) 8:00 a.m. at Kowloon Tong MTR station exit D<br>2. Coordinator (TBC)  |
| 11. Course Content :     | 1. Introduction of Challenge Course (High Event)<br>2. Use and care of climbing equipment<br>3. Belaying method and skill<br>4. Installation of equipment and operation procedure<br>5. Rescue technique and instruction skill<br>6. Written Examination and Practicum  |
| 12. Remark :             | 1. Course conducted by level III instructor of HKAC & CCAHKC<br>2. All participants must comply with prevailing COVID precautionary measure<br>3. Report punctually at assembly point to join coach for HITC<br>4. ATC will notify participant of the course arrangement and details on or before 13.2.2023(Monday) |
| 13. Physical Fitness :   | Need to pass the latest Physical Fitness Requirement (App III)  |
| 14. Appendices :         | App I List of CCHE Assistant and Technical Cert holder<br>App II Nomination Form  |

App III Physical Fitness Requirement

15. Enquiry : Email [mrwylam@netvigator.com](mailto:mrwylam@netvigator.com) or whatsapp / 9671 6171 to Secretary,  
Adventure Training Committee

Adventure Training Committee, HKAC

22.1.2022